

TAKING CARE OF YOUR DELTA DRY® CAST

Today the doctor prescribed a Delta Dry® cast.
Here are the recommendations for its care.

GENERAL RECOMMENDATIONS

- Rinse the cast thoroughly with clean water to remove sand and other debris, especially after swimming in a lake, sea or swimming pool.
- Wash the cast with clean water at least once a day to reduce the risk of discomfort.
- Once wet, the cast may take up to 90 minutes to dry.
- To speed up the drying process, use a cold air hairdryer.

Warning:

- **Do not use the hot air setting on the hairdryer, as there is a serious risk of burns.**
- The material used to line the cast may exceptionally cause allergies. In case of severe itching, seek medical advice.



- For more details, scan the QR code for an explanatory video.



SEEK MEDICAL ADVICE IN CASE OF

- Significant pain despite elevating the cast and taking painkillers
- Tingling and/or numbness in your fingers/toes
- Fingers/toes turning blue or white in colour
- Inability to move your fingers/toes
- A sensation of increasing pressure within the cast
- Small objects accidentally becoming lodged between the cast and your skin
- Obvious skin damage or irritation in or around the cast
- A broken cast or a cast with a foul odour

Outside the opening hours of the paediatric emergency department at the Hirslanden Clinique des Grangettes, we recommend that you promptly contact another emergency center for assistance.

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